



## NEEDED OVER THE COUNTER MEDICATIONS & SUPPLIES

When teams, visitors, and tourists bring any of these items with them, we are able to spend more of our budget on prescription medications to provide better services to our patients. **Honduras requires that donated medications have at least 6 months before their expiration date.**

### Children Specific Supplies

- \*\*\* Children's / Infants (Liquid / Chewable)
  - Allergy / Cold
  - Cough / Cold & Cough
  - Acetaminophen / Ibuprofen
- \*\* Liquid infants Vitamins
- \*\*\* Children's Multi-vitamins
- Small toys, stickers, art supplies for kid's prize box

### Adult Specific Supplies

- \*\* Hydrocortisone / Antihistamine Cream
- \*\* Triple Antibiotic Cream
- \*\* Antifungal Cream (Clotrimazole, etc.)
- Hemorrhoid Cream / Suppositories / Wipes
- \*\*\* Cold / Sinus / Decongestant Medicines
- \*\*\* Cough / Chest Congestion Medicines
  - (Guaifenesin (mucus cough),
  - Dextromethorphan (dry cough))
- Cough Drops
- \*\*\* Allergy Medicines
  - (Loratadine, Cetirizine
  - Diphenhydramine, Antihistamine)
- Antacid, TUMS
- \*\*\* Omeprazole
- \* Ranitidine
- \*\* Bismuth subsalicylate (Pepto-Bismol)
- Stool Softener / Laxatives
- Simethicone / Anti-Gas

CONTACT US OR FOLLOW US ON SOCIAL  
MEDIA FOR UP-TO-DATE INFORMATION

- 504-3164-3868
- LEGACY CENTER, OAK RIDGE
- LEGACYMISSIONINTL.ORG/NEWLIFECLINIC
- FACEBOOK.COM/NEWLIFECLINICEAST
- CLINIC@LEGACYMISSIONINTL.ORG

MONDAY - FRIDAY, 7 AM TO 1 PM

### Adult multi-vitamins

- Vitamin C
- Vitamin D3
- Vitamin Zinc
- Iron (Ferrous Sulfate)
- Folic Acid + Iron
- Folic Acid
- Other Vitamins

### \*\*\* Naproxen

- Ibuprofen
- Acetaminophen
- Aspirin 81 mg

### General Items

- Lubricating Eye Drops
- Bed Pads / Underpads for Adults
- ~~Band-aids (Various Sizes)~~
- ~~Gauze (Various Sizes)~~
- ~~Cotton Balls~~
- ~~Ace Bandages & Wraps~~
- ~~Thermometer Disposable Probe Covers~~
- Pill Bags
- ReliOn Prime Blood Glucose Test Strips
- ReliOn PRIME Blood Glucose Monitoring System
- ~~Lancets for Glucometers~~

Additional over the counter medications and supplies are welcome. Please let us know if you have any questions.

\*\*\* Most Needed, Highest Priority \*\* Very Needed, Medium Priority \* Needed

If a line is through it, we currently have a sufficient supply

update 02/2023