



MEDICATIONS & SUPPLIES

When teams, visitors, and tourists bring any of these items with them, we are able to spend more of our budget on prescription medications to provide better services to our patients. **Honduras requires that donated medications have at least 11 months before their expiration date.**

CONTACT US OR FOLLOW US ON SOCIAL MEDIA FOR UP-TO-DATE INFORMATION

-  504-3164-3868
-  LEGACY CENTER, OAK RIDGE
-  LEGACYMISSIONINTL.ORG/NEWLIFELCLINIC
-  FACEBOOK.COM/NEWLIFELCLINICEAST
-  CLINIC@LEGACYMISSIONINTL.ORG

MONDAY - FRIDAY, 7 AM TO 1 PM

Children Specific Supplies

- ** Children's / Infants (Liquid / Chewable)
 - Allergy / Cold / Cough
 - Acetaminophen / Ibuprofen
- * Liquid infants Vitamins
- *** Children's Multi-vitamins

Adult Specific Supplies

- Hydrocortisone / Antihistamine Cream
- Triple Antibiotic Cream
- Antifungal Cream (Clotrimazole, etc.)
- *** Hemorrhoid Cream
- *** Cold / Sinus / Decongestant Medicines
- *** Cough / Chest Congestion Medicines
 - (Guaifenesin (mucus cough),
 - Dextromethorphan (dry cough))
- Cough Drops
- ** Allergy Medicines
 - (Loratadine, Cetirizine
 - Diphenhydramine, Antihistamine)

- Antacid, TUMS
- *** Omeprazole
- Ranitidine
- *** Bismuth subsalicylate (Pepto-Bismol)
- Stool Softener / Laxatives
- Simethicone / Anti-Gas

Additional over the counter medications and supplies are welcome. Please let us know if you have any questions.

NEEDED OVER THE COUNTER

- *** Adult multi-vitamins
- *** Omega 3 supplements
- *** Vitamin C
- Vitamin D3
- Vitamin Zinc
- Iron (Ferrous Sulfate)
- Folic Acid + Iron
- Folic Acid
- Other Vitamins & Supplements

- *** Naproxen
- Ibuprofen
- *** Acetaminophen
- Aspirin 81 mg

General Items

- *** Liquid IV Hydration Packets
- Lubricating Eye Drops
- Bed Pads / Underpads for Adults
- Band Aids
- Gauze (Various Sizes)
- Cotton Balls
- Ace Bandages & Wraps
- *** Pill Bags
- *** ReliOn Prime Blood Glucose Test Strips
- ** ReliOn PRIME Blood Glucose Monitoring System
- ** Lancets for Glucose Testing
- Reading Glasses & Sunglasses
- Hygiene Supplies
- IV Supplies (contact us for information)

*** Most Needed, Highest Priority ** Very Needed, Medium Priority

update 08/2024